



## MARY HAD A LITTLE LAMB

**This is a charming, traditional nursery rhyme that originates from an early 19th century American poem. There are masses of activities to enjoy with your baby to nurture attachment and communication through musical play with you. Think about the melody, the beat and the constancy of repetition that is familiar, comforting and interactive.**

**Here's an idea...**

**Collapse on the floor with baby on your lap and rock baby gently from side to side to the first verse.**

**During the second verse, rock your baby gently forward and back, lots of eye contact and expression.**

**Finally, in the last verse, have fun with lots of jiggles, joggles and giggles to "it made the children laugh and play..."**

**What happens between you and baby is much more than just a routine nursery rhyme.**

**MUSIC HOUSE FOR CHILDREN 306 UXBRIDGE ROAD, LONDON, W12 020 8932 2652**  
**musichouseforchildren.com | education@musichouseforchildren.com**